

Greetings from the SD Diabetes Prevention & Control Program (DPCP) and welcome to the June 25th edition of the "DPCP FYI". Each FYI is received by over 400 diabetes care professionals in and around South Dakota. If you have trouble with the links or attachments, the e-bulletin is also posted on the DPCP website at <http://diabetes.sd.gov>. If you have suggestions for improvement to the FYI or if I can otherwise be of assistance, please let me know. Colette

This issue's topics~

- **You Are Invited**
- **Early Critic of Diabetes Drug Says Don't Panic**
- **National Diabetes Education Program's [www.diabetesatwork.org](http://www.diabetesatwork.org)**
- **Healthy SD.gov website**
- ***Goals and Objectives: Waste of Time or Critical Teaching Step?***
- **Improving Outcomes in Diabetes Care: Benefiting Patients and Practitioners**

### **You Are Invited**

You are invited to join us as we discuss diabetes in South Dakota.

When ~ July 18, 2007. 10:00 am-3:00 pm (Lunch and snacks will be provided).

Where ~ Oacoma, SD

Cedar Shore Resort, Breakwater Room

[www.cedarshore.com](http://www.cedarshore.com)

Why ~ During the gathering, partners in diabetes care from across the state of South Dakota will have the opportunity to explain what is happening in each of their organizations and discuss further ways to implement the strategic plan. Check out the Strategic Plan at <http://diabetes.sd.gov/Documents/07DiabetesStatePlan.pdf>. Stipends are available for travel costs (State rate of \$0.37 cents/mile). Contact Ingrid Rasmussen at (605)254-6067 or Melissa Magstadt at [magstadm@sanfordhealth.org](mailto:magstadm@sanfordhealth.org) for more information.

**RSVP** your plan to attend to Melissa at [magstadm@sanfordhealth.org](mailto:magstadm@sanfordhealth.org) by July 3, 2007. Feel free to invite your peers who work with diabetes. All are welcome.

### **Early Critic of Diabetes Drug Says Don't Panic**

04-JUN-2007-TORONTO (Reuters) - Patients should not haphazardly stop taking the controversial diabetes drug Avandia, even though it has been linked to heart risks, an early critic of the drug said on Sunday. Dr. John Buse, chief of endocrinology at the University of North Carolina at Chapel Hill and incoming president of the American Diabetes Association, was one of the first experts to query the safety of GlaxoSmithKline's blockbuster drug. He raised questions about the drug's heart safety in 2000. But Buse told the Endocrine Society's annual meeting in Toronto that he does not believe patients should stop taking the popular pill just yet. "We'll have additional data in the near future and that would be the appropriate time to consider making judgments over Avandia's safety," Buse told Reuters in an interview. Further information about the Avandia controversy is available at [www.reuters.com](http://www.reuters.com)

### **National Diabetes Education Program's [www.diabetesatwork.org](http://www.diabetesatwork.org)**

Diabetes affects almost 21 million Americans, one third of whom don't know they have it. Another 54 million Americans have pre-diabetes, which raises their risk of developing type 2 diabetes, heart disease, and stroke. Diabetes is hitting hard during the working years. Between 1997 and

2004, diabetes incidence increased 45% among persons aged 18-44 years and increased 34% among persons aged 45-64 years. Poorly-controlled diabetes and its complications can contribute to absenteeism and affect productivity on the job. [www.diabetesatwork.org](http://www.diabetesatwork.org) is a FREE, easy-to-use tool that helps businesses identify the potential impact of diabetes in their workplace and provides them with resources for creating education programs. The National Diabetes Education Program website has a multitude of other resources for your use. Check out <http://ndep.nih.gov/>.

### **Healthysd.gov website**

One of the intents of [www.Healthysd.gov](http://www.Healthysd.gov) is to link South Dakotans to resources so they can live a long, healthy life. People with diabetes and the professionals that serve them are definitely included in this group. Check out this month's information about how increase dairy intake to at least three servings daily; how to get 2007 South Dakota Mile Pins; where a person can develop their own Personal Health Journal; ways to begin planning for your South Dakota Great Day of Play (August 15th); the benefits of Tai Chi and much more.

### ***Goals and Objectives: Waste of Time or Critical Teaching Step?***

Ginger Kanzer-Lewis's article *Goals and Objectives: Waste of Time or Critical Teaching Step?* is one of many interesting pieces contained in the "Patient Education Update" at Milner-Fenwick's [www.patienteducationupdate.com/index.asp](http://www.patienteducationupdate.com/index.asp).

### **Improving Outcomes in Diabetes Care: Benefiting Patients and Practitioners**

The National Committee for Quality Assurance (NCQA) has developed a free continuing education opportunity to raise awareness of the vital role of quality measurement and its effects. Since much of the burden of diabetes and cost of treatment is attributed to potentially preventable long-term complications such as heart disease, blindness, kidney disease, stroke and even death, appropriate and timely screening, treatment and support, involving the primary care office, diabetes educators and others can significantly reduce this disease burden. Through measuring the quality of care provided to diabetes patients and undertaking quality improvement activities, those who serve people with diabetes can make a significant impact in the diagnosis and treatment of the disease and the health outcomes.

Educational objectives for this CE include:

- Describe several quality assessment tools focused on diabetes care
- Explain barriers and provide potential solutions to improving care within the primary care practice setting
- Use practice-based intervention tools to remind the practice and patient of the importance of managing underlying risk factors
- Discuss incentives for practitioners

Further information and how to access the free CE is posted at <http://www.cecility.com/ncqa/diabetes/disclaim.htm>

Colette Beshara RN, BSN  
Diabetes Prevention & Control Program Coordinator  
SD Department of Health  
615 E Fourth Street

Pierre, SD 57501  
(605) 773-7046  
(605) 773-5509-fax  
[colette.beshara@state.sd.us](mailto:colette.beshara@state.sd.us)  
<http://diabetes.sd.gov>